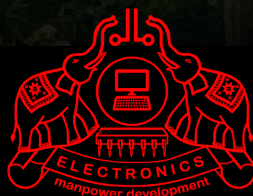


IHRD
COLLEGE OF APPLIED SCIENCE
AGALI - 678581

അറിയിപ്പ്: WARNING
ഈ ക്യാമ്പസ് ക്യാമറാ
തീർക്കുന്നതിനാൽ
THIS CAMPUS IS UNDER
CAMERA SURVEILLANCE



IHRD CAS
AGALI



NSS

UNIT-38

"NOT ME BUT YOU"

'अमृत' ममत्वम्

WORLD ENVIRONMENT DAY

DATE:05-06-24

World Environment Day celebrations have officially started today at IHRD College of Applied Science.

NSS Program Officer Vishnudas M and ELC Co-ordinator Sajitha M welcomed the formal function organized under the auspices of NSS and Electoral Literal Club. Principal Shri JR Sajan presided and delivered the Environment Day message. Range

Forest Officer Mr. Shibu Kuttan formally inaugurated the program and spoke. Saplings were planted in the campus and some saplings were distributed to Anganwadi children. Teachers Hemanth and Kalpana expressed their thanks. Various competitions and campus cleaning mission were held. NSS Volunteer Secretaries Shri. Sivalakshmi, Shri. Abdul Hakeem led the program. Teachers Mr. Fasna M, Shri Mita PS, Shri Ajitha, Shri Neetu and Shri Lekha were present in the program



International Day against child labour

DATE:12-06-24

Against Child Labour On the occasion of June 12 International Day Against Child Labour, IHRD College of Applied Science Attappadi NSS organized a one-day seminar under the leadership NSS. Program Officer Vishnu Das welcomed. Shri Akhila Nair was the moderator. Mr. R. Sivalakshmi, Shri K. B. Bineesh Kumar, Mr. Vishnu Satish, Mr Manishankar, Mr Abdul Hakeem and V Kavya presented the paper. Mrs. PR Raji, Assistant Professor, delivered the felicitation speech. Then child labor awareness pamphlets were distributed to the school students. V. Srikanth, R. Lekha, Dr. R. Ranjitha, Mrs. N. Razina, S. Kalpana, S. Shebin, A. Ajitha, K. Nitya, Reshma T Ramesh, Shri K. Valli were also present.



International Blood Donation Day.

DATE:14-06-24

On the occasion of June 14 International Blood Donation Day, NSS Unit and Red Ribbon Club organized an awareness rally at IHRD College, Agali. Principal Shri. Sajan JR administered the oath and officially inaugurated it. Volunteer secretaries Sivalakshmi and Abdul Hakeem and club officials Vigneshwar and Geeta coordinated the events.



Digi Kerala Volunteership Programme

DATE:18-06-24

NSS volunteers self-registration as part of the digi Kerala program of the Kerala state government with the goal of digital literacy for all.



National Readers Day.

DATE:19-06-24

IHRD College NSS Unit No 38 organized various programs on the occasion of National Reading Day. Book collection, quiz competition, tribal song, reading competition, essay competitions were held.



International Day of **Yoga**

DATE:21-06-24

This years Yoga Day was organized under the joint auspices of Attappady Agali IHRD College of Applied Science NSS Women Development Cell. Principal Shri. JR Sajan presided. Women Cell Coordinator Dr. R. Ranjitha welcomed. Yoga instructor and librarian, Mr. Rekha Ashokan taught yoga classes for UG-PG students. Program Officer Shri. M Vishnu Das expressed vote of thanks. Volunteer Secretaries H. Abdul Hakeem, R. Sivalakshmi coordinated the program.



International Day Against **Drug abuse**

DATE:26-06-24

NSS Unit conducted various programs in association with Anti Narcotic Club.



A Day for College, Together We Can

DATE:01-08-24

Volunteers renovated the college premises which is barren and beautified it using scrap materials.



Anganwadi Premises cleaning

DATE:11/08/2024

**The unit cleaned the
Naikkarpadi Anganvadi in which
tribal students are studies.**



Namat Kanav- A help for tribal students in selected LP Schools in **Attappadi**

DATE:12/08/2024

**Namat Kanav NSS Special Project
Principal Shri. Inaugurated by JR
Sajan. Volunteers handed over the
study materials to the Headmaster for
10 students of Kavundical
Government Tribal LP School.
Volunteers will use the savings saved
for a days tea and snacks for this
project.**



INDEPENDENCE DAY

CELEBRATION

DATE:15/08/2024

The 78th Independence Day of the country was duly celebrated at IHRD College Attapadi Agali. The ceremony started at 9:00 am with the hoisting of the flag by Principal Mr. JR Sajan. The programs started by paying tribute to the brothers who lost their lives in the Wayanad disaster land. After the NSS song there was a march past of volunteers led by Shri Vishnu Satheesh and Shri Madan Kumar S.

The Principal received the parade salute and delivered the Independence Day message. Akhila Nair shared Gandhian thought with the students. Kavya S conducted a live Independence Day special live quiz. Mr. Mani Shankar, Mr. Bineesh KB won the prizes.

The Honble Principal inaugurated the annual special project of the NSS unit, which provides one-time PSC registration to the students of different villages of Attapadi. 50 books collected by volunteers were donated to the library. Various certificates were also distributed to the contestants. As part of the annual project Nammat Kanav Freedom through Learning, students of Vechpati Tribal LP School were given study materials as a special gift on Independence Day.

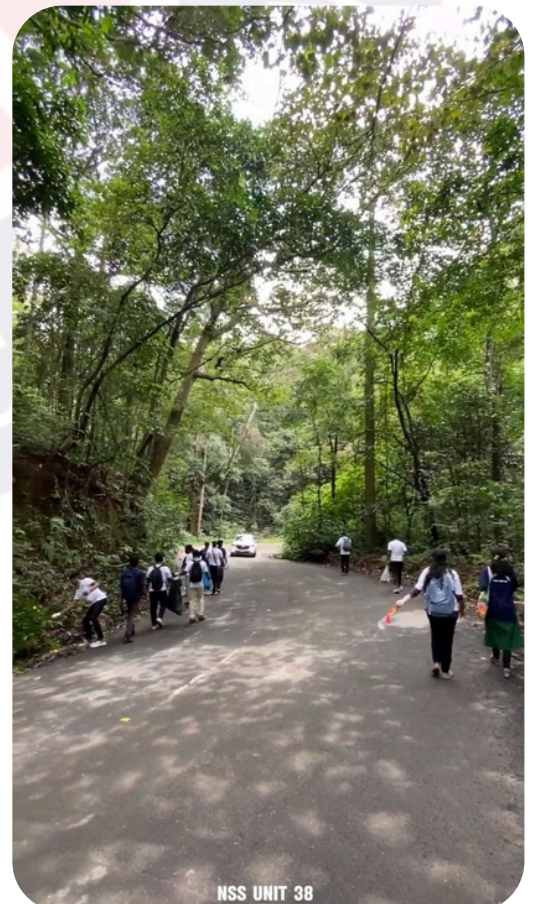
This was followed by sweet distribution and Kargil war commemoration film screening.



TREKKING AND ATTAPPADI PASS CLEANING

DATE:02/10/2024

NSS -UNIT 38 of IHRD college Attappadi in association with Excise department, Agali organized a Trekking and Attappadi Pass cleaning program. the program was presided by Principal Elizabeth Philip Madam and was inaugurated by Excise inspector G Santhoshkumar sir.



AWARENESS CLASS ON FIRST AID AND PREVENTION OF COMMUNICABLE DISEASES DURING DISASTER

DATE:17/10/2024

On 17/10/2024 NSS UNIT-38 of IHRD College of Applied Science ,Attappadi conducted an awareness class on First Aid and Prevention of Communicable Diseases During Disaster in collaboration with the Community Health Centre Agali. Sri. Toms Varghese, Health supervisor, Agali Community Health Centre took class on the topic and also demonstrated the ways of giving first aid.



Zonal Kalolsavam

DATE:22/10/2024

As part of zonal kalolsavam conducted on 22/10/2024 at Attappadi ,volunteers from IHRD college of Applied Science, NSS unit no-38 took incharge of all the supporting activities for the smooth functioning of the programme.



DIGITAL LITERACY AWARENESS

DATE:25/10/2024

Volunteers of NSS Unit-38 of IHRD College of Applied Science ,Attappadi took initiative to give an awareness about digital literacy to the common people of the nearby areas.The volunteers were split into groups to perform the task.First group were guided by Hakkim.It was really a wonderful feeling inculcating digital knowledge to the people who are not aware of such things.



COLLAGE MAKING

DATE:14/11/2024

Inorder to participate in Thanumitra National level eco fest NSS volunteers of IHRD college of APPLIED SCIENCE,Attappadi preparing a collage based on the theme"Our Land Our Future" .The volunteers were asked to collect newspaper articles related to the theme from old newspaper sheets.The collage is being prepared under the guideship of Akthar



DISTRIBUTION OF STUDY ESSENTIALS AT GTWLP **SCHOOL ,SHOLAYUR**

DATE:14/11/2024

NSS volunteers of IHRD College Of Applied Science Attappadi, distributed study essentials to the students of GTWLP School, Kathalakandi, Sholayur.College Principal Smt.Elizabeth Philip Madam,NSS program officer along with five volunteers went to the school on CHILDRENS DAY which made the activity much more special.



CAMPUS BEAUTIFICATION

DATE:16/11/2024

In addition to the vegetable garden making the volunteers of IHRD College of Applied Science ,Attapadi cleaned the college premises, watered the trees planted, beautified the garden.All these activities done by the second group of volunteers were monitored by Hakkim and Vishnu .



VEGETABLE GARDEN MAKING

DATE:16/11/2024

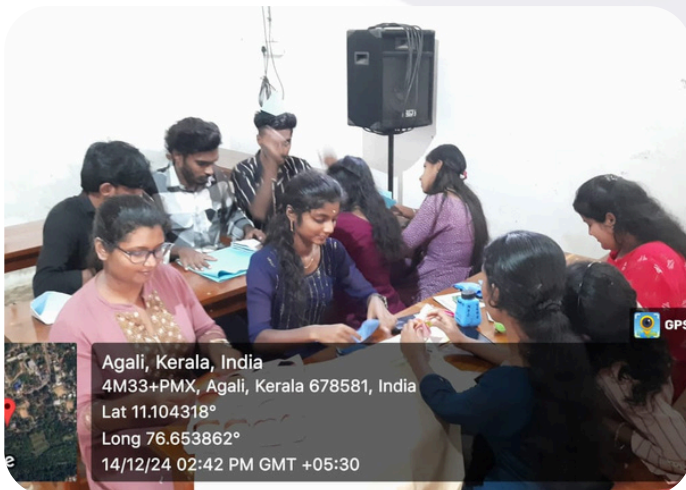
NSS Volunteers of IHRD College of Applied Science, Attappady made a vegetable garden inside the college premises on 16/11/2024. The volunteers were divided into groups and were assigned different tasks. Vegetable garden was made under the guideship of Jayaraj and Akhila



Hand made christmas decor and crafts making

DATE:14/12/2024

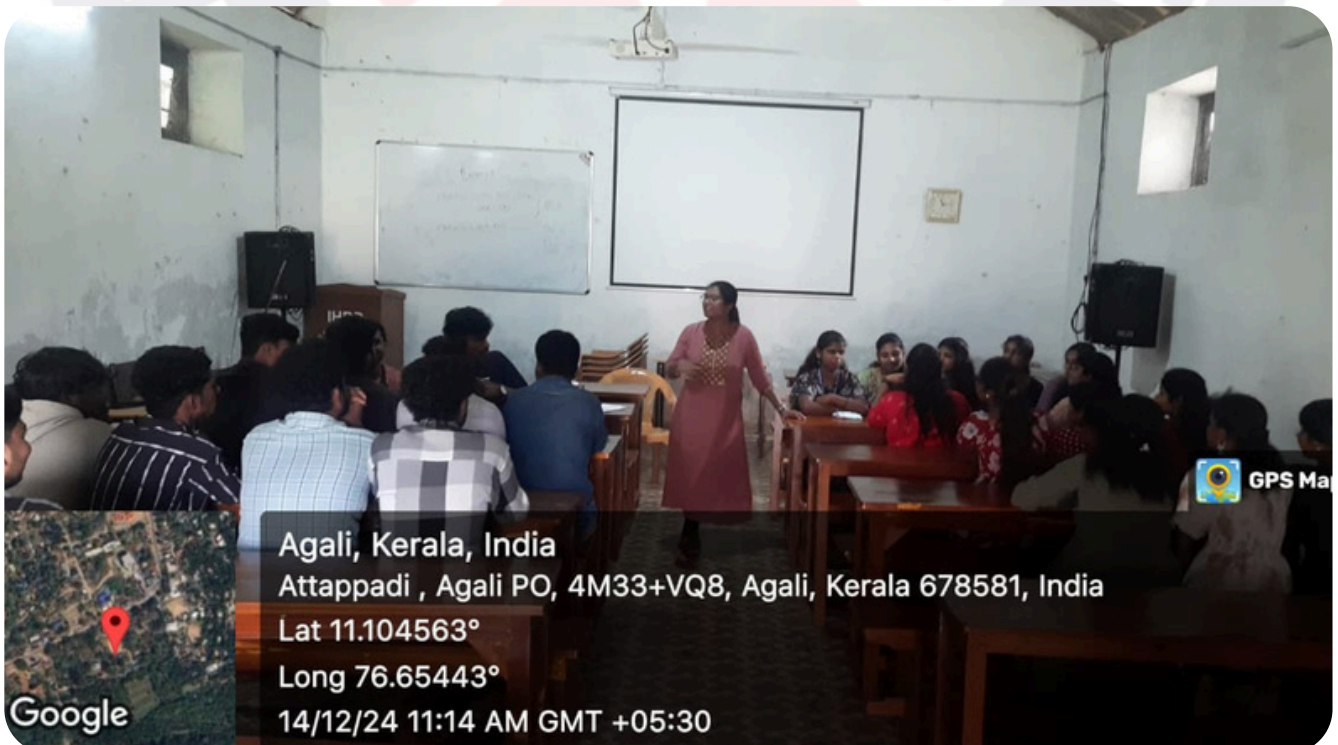
Volunteers of IHRD college of Applied Sciences ,Attappadi actively took part in making handmade christmas decor and other crafts.



CAMP ORIENTATION

DATE:14/12/2024

Seven day special camp orientation An orientation class on NSS Seven Day Special Camp is given to the volunteers of IHRD College of Applied Sciences ,Attappadi.Instructions and regulations of the camp as well as the programmes arranged for them also briefed.



KARUNYASRAMAM VISIT

DATE:11/01/2025

As part of celebrating National Youth Day, volunteers of NSS unit No 38 visited Karunyasramam ,Kavundikkal.We planned various cultural programmes and had the opportunity to spent a lot of time with the people there.It was a beautiful experience and as youngsters ,the volunteers get to know about the importance of family life,caring old age people and how to show love and affection towards them



GARDEN SETTING AND ROAD CLEANING

DATE:11/01/2025

Volunteers of IHRD College of Applied Science, Agali NSS Unit No 38 engaged in a garden setting activity. Volunteers were divided into various groups and assigned them different tasks. They were also engaged in a road cleaning activity and removed plastic wastes from nearby roadsides.



REPUBLIC DAY

DATE:26/01/2025

**NSS Volunteers of IHRD College
of Applied Science,Agali
celebrated Republic day. College
Principal Smt.Elizabeth Philip
hoisted the flag.The volunteers
made Republic Day posters**



CLEANING ACTIVITY

DATE:08/02/2025

**NSS Volunteers of IHRD
College of Applied
Science,Agali took part in
food waste pit cleaning. They
removed the plastic wastes
from the pit and cleared the
surroundings**



SHORT FILM MAKING

DATE:08/02/2025

NSS Volunteers of IHRD College, Agali made an on spot short film against dowry system. The volunteers picked dowry system as their topic and shot the visuals.



Seminar on Ground Water **Conservation**

DATE:11/02/2025

NSS Volunteers of IHRD College of Applied Science participated in a seminar conducted by Ground Water Department , Palakkad on 11/02/2025 at KILA Campus. It was a very informative seminar which highlighted the importance of water conservation, purification process and agricultural improvement.



A SESSION ON SELF DEFENSE

DATE:25/02/2025

NSS Unit No:38 of IHRD College organized a session on self defence. The class was taken by NSG Commando Sri.Rahul R. The session was very interactive and effective. Self defence techniques were also demonstrated for the volunteers.



AWARENESS CLASS ON DRUG **AND ITS AFTER EFFECTS**

DATE:05/03/2025

Janamaithri Excise Department in association with NSS Unit of IHRD College of Applied Science organized an awareness class on drug and its aftereffects for the volunteers. The class was taken by Excise Inspector Sri.Ravikumar. The class was very effective and engaging. Students got an insight into the problems associated with drug usage.



CAMPUS BEAUTIFICATION

DATE:07/03/2025

Volunteers from NSS Unit No 38 of IHRD College of Applied Science engaged in a campus cleaning activity as part of their regular activities. They actively participated in cleaning the campus premises.



SNEHATHON AND SNEHAMATHIL

DATE:07/03/2025

IHRD College in association with NSS Volunteers took part in RUN AWAY FROM DRUGS: ANTI DRUG CAMPAIGN organized by IHRD. The programme was inaugurated by Sri. Santhosh Kumar , Excise Inspector and Smt. Maheswari Ravikrishnan ,Ward Member, Agali. The programme was intended to give awareness on increasing usage of drugs and its bad impacts reflected in our society.



INTERNATIONAL WOMENS DAY

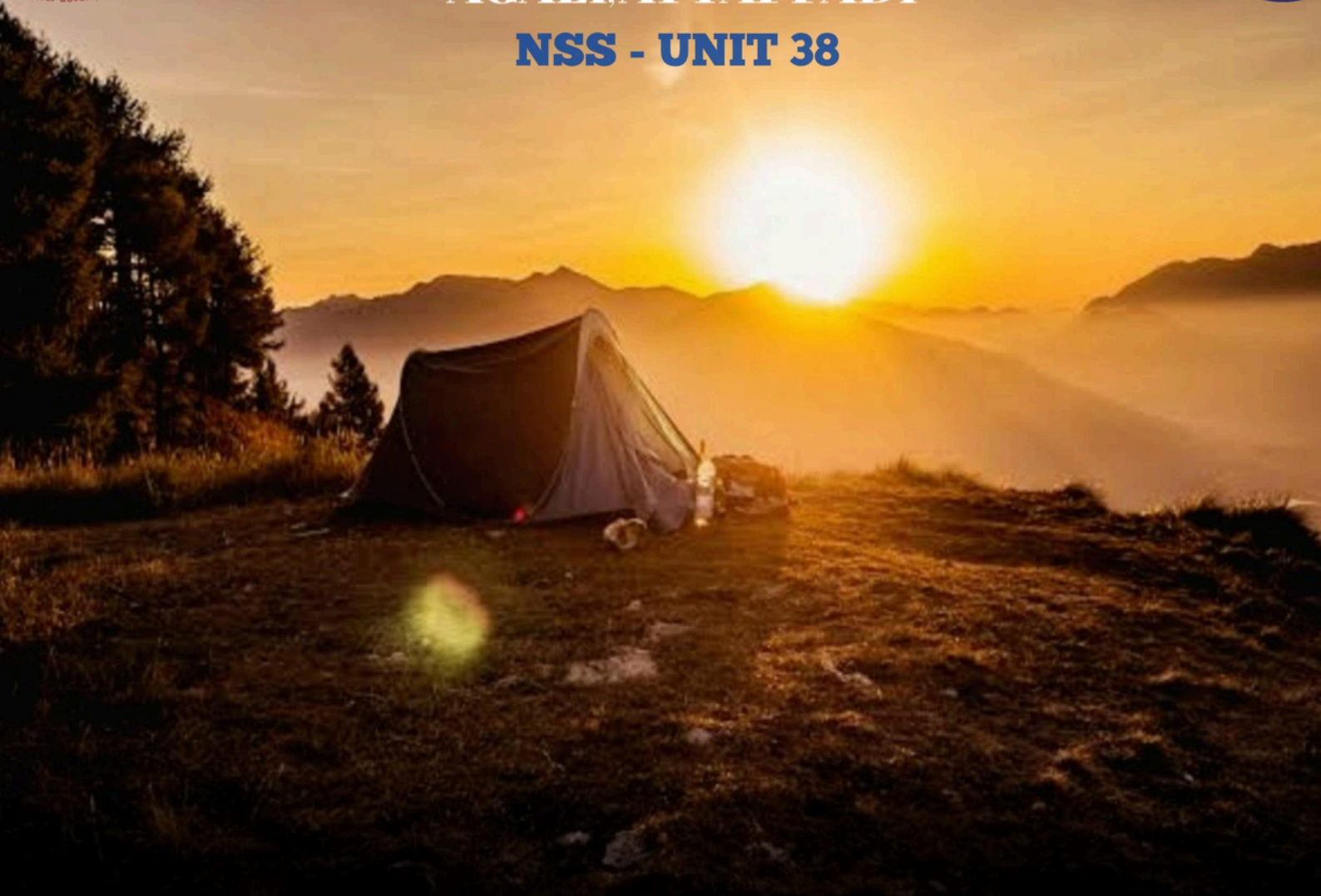
DATE:06/03/2025

As part of celebrating International Womens day, NSS UNIT No 38 of IHRD College Agali,organized an awareness class on Women Empowerment in association with Women Development Cell.The programme was inaugurated by Mrs. M Rejeena, District Program Co-ordinator,Kerala Mahitha Samakhya Society,Agali.





IHRD COLLEGE OF APPLIED SCIENCE
AGALI, ATTAPPADI
NSS - UNIT 38



പ്രതിബദ്ധം

2024

**സപ്തമിന
സഹവൃത്ത ക്യാമ്പ്**

(REPORT)

"NOT ME BUT YOU"

NSS Seven-Day Camp Report

Date: 21/12/2024 to 27/12/2024

Location: Govt. Tribal Higher Secondary School, Pudur

Organized by: IHRD College of Applied Science, Agali

NSS Unit No :38

Programme Officer :Miss. Leemin Peter

Introduction:

The seven-day NSS camp named 'Hrudhyam' was organized under NSS unit -38 of IHRD College of Applied Science, Agali at Govt. Tribal Higher Secondary School, Pudur with the primary objective of fostering a sense of community service, national integration, and social responsibility among students. The camp aimed to involve volunteers in various activities that would enhance their leadership, team-building skills, and awareness of social issues.

Objectives of the Camp:

1. To promote community service and social responsibility.
2. To engage in activities aimed at environmental awareness.
3. To develop leadership and organizational skills in students.
4. To provide hands-on experience in working with local communities.
5. To enhance the overall personality development of NSS volunteers.

Orientation and Inauguration

The camp began with an orientation session where the objectives, schedule, and expected outcomes were explained to all NSS Volunteers. The camp was officially inaugurated by Attappadi Block Panchayat President Smt. Maruthi Murugan. Volunteers were divided into smaller groups and assigned various camp duties. The first day of the camp included camp settings and preparations in the campus and cultural programmes in the evening.



DAY 2

ICE BREAKING SESSION AND **LPG SAFETY AWARENESS**

As part of the special camp an Ice Breaking session on Life Orientation was organized under the guidance of Dr.Fr P. S Antony SJ ,trainer,social worker ,counselor of AADI Tribal Eco centre,Mattathukadu. The session was so live and energetic.

An interactive session on LPG Safety Awareness was conducted .Volunteers got the opportunity to get demo sessions on gas safety under Sri.Benny Varghese , LPG Distributor (IOCL) Matha Indane, Agali.The session was very interactive and informative.The second day of the camp came to an end with various cultural programmes and games arranged by the volunteers.



Lifestyle and Health , Anti- Drug Campaign

A session was held on lifestyle and health by Sri.Toms Varghese, Health Supervisor, Community Health Centre , Agali. The class was very engaging and volunteers got a thorough awareness on healthy lifestyle practices and also about preventive health care measures. Along with the session we went for an anti-drug campaign to the nearby places. Volunteers gave awareness talks on drugs and its aftereffects and how it influences young generation lives to the general public.The rally was a new experience for all of us where we got the support from public people and officials from Pudur panchayat.the third day of the camp wrapped with various games and cultural programmes organized by volunteers.



DAY 4

Gender Equitable Culture and Susthira Vikasanathinayi NSS Yuvatha

A session was organized in collaboration with Snehitha, Gender Help Desk on the fourth day of NSS Special camp. The session was handled by Smt. Feba Cheriyan, counselor from Gender Help Desk. Volunteers got the opportunity to take part in quiz competition guided by them and also the class helped them to generate a different perspective on gender equality and gender equitable culture. The session was interactive.

The theme of NSS Camp for this year was 'Susthira Vikasanathinayi NSS Yuvatha' and a session was organized for the volunteers on the same handled by Sri. Ravikumar, Excise Preventive Officer, Janamaithri Excise, Kottathara. Volunteers got an in-depth idea about the role of an NSS volunteer in the society and how it influences their surroundings. The session was very engaging and informative.



DAY 5

Personality Development and Speech Practice & Maalinyamuktham Navakeralam

Inorder to guide the volunteers towards their personal development a session on ‘Personality Development and Speech Practice’ was arranged for the volunteers. The session was handled by Dr.Fr. P.S Antony S J ,trainer,social worker and counselor from AADI Tribal Eco Centre Mattathukkadu.

As part of Maalinyamuktham Navakeralam Campaign ,volunteers took part in a community development activity of removing plastic wastes from roadsides, creating public awareness on healthy lifestyle practices, and cleaning the sign board placed near roadsides.The activity was very engaging and informative for volunteers as well as the public people.The fifth day of the camp came to an end with the cultural programmes and games arranged by volunteers.



DAY 6

Community Visit and Survey & Social Media Influence on Young Minds

A survey on the local community's needs was also conducted to plan future NSS activities.

The survey mainly focused on the health aspects of the community. The volunteers visited nearby areas and gathered enough details in person. A class was arranged on social media influence on young minds handled by Sri.Faizal Koroth , Sub Inspector of Police, Sholayur. The session was very engaging. Volunteers came to know about the positive and negative influence of social media in their lives. There were cultural programmes and games too.



Palakkad, Kerala, India
Alamaram Pattanakal Road, Attappadi,
Palakkad, 678581, Kerala, India
Lat 11.153814, Long 76.636482
12/26/2024 06:08 PM GMT+05:30
Note : Captured by GPS Map Camera

DAY 7

Reflection and Closing Ceremony.

A session of reflection and feedback was held where volunteers shared their experiences, learning, and takeaways from the camp. Throughout these days the volunteers engaged in campus beautification, garden setting and stage maintenance and painting as part of their regular activity schedule which is totally dedicated for the campus which we got to conduct the special camp. The volunteers were very proud to get to know about their dedication and hardwork .

The camp concluded with a closing ceremony inaugurated by Smt. Elizabeth Philip , Principal ,IHRD College of Applied Science,Agali.



CONCLUSION

The seven-day NSS camp was a successful initiative that not only contributed to the welfare of the local community but also allowed volunteers to grow personally and professionally. The camp has left a lasting impact on the students, and the lessons learned will continue to guide them in their future endeavors.

